# Should My Child Get the Updated COVID-19 Vaccine?



### Why should my child get vaccinated against COVID-19?

COVID-19 can make children and teens very sick, sometimes requiring treatment in a hospital. Getting eligible children and teens vaccinated against COVID-19 can help keep them from getting really sick if they do get infected by the COVID-19 virus, including protecting them from short- and long-term complications and hospitalization. Vaccinating children can also help keep them in school or daycare and allow them to safely participate in sports, playdates, and other group activities.

Take care of yourself and your children by staying up to date on recommended vaccinations, washing your hands, and covering your nose and mouth when you cough or sneeze.

The benefits of COVID-19 vaccination for children clearly outweigh the risks. The Centers for Disease Control and Prevention (CDC) recommends everyone stay up to date with COVID-19

vaccines for their age group.

### If my child already had COVID-19, is vaccination still needed?

Yes, children should get vaccinated against COVID-19 even if they've already had COVID-19 disease. Getting a COVID-19 vaccine after recovering from COVID-19 infection provides added protection against getting COVID-19 again. Defer vaccination for children infected with COVID-19 until they have recovered from acute illness (if the child has symptoms) and until they don't have to be isolated anymore. You may consider delaying vaccination by 3 months from when your child's symptoms started or, if there weren't any symptoms when your child received a positive test.

People who already had COVID-19 and do not get vaccinated after their recovery are more likely to get COVID-19 again compared with people who get vaccinated after their recovery.



## Can my child receive the COVID-19 vaccine at the same time as other vaccinations?

Yes, there is no recommended waiting period between getting a COVID-19 vaccine and other vaccines. Your child can get a COVID-19 vaccine and other vaccines, including a flu vaccine, at the same visit. The way our bodies develop protection—known as an immune response—and possible side effects after getting vaccinated are generally the same when given alone or with other vaccines.

### Are my children up to date on their COVID-19 vaccinations?

Your children are up to date when they have received all COVID-19 vaccine dose(s) recommended for them by the CDC. People are best protected when they <u>"stay up to date" with COVID-19 vaccinations.</u>

The recommendations as of April 2024 are:

- Everyone 5 years and older should get
  1 updated Pfizer-BioNTech or Moderna
  COVID-19 vaccine.
- Recommendations for children ages 6 months to 4 years vary by age. Ask your vaccine provider.

#### Are the COVID-19 vaccines working?

Yes, <u>COVID-19 vaccines reduce the risk of</u> severe illness, hospitalization, and death. A COVID-19 vaccine's protection against mild and moderate disease does fall slowly over time, which is why vaccination recommendations are reviewed and updated.

### How long does COVID-19 vaccine protection last?

Scientists are monitoring how long COVID-19 vaccine protection lasts. Recent data show that 1 dose of the updated COVID-19 vaccine better protects against more serious illness, hospitalization, and death than previous COVID-19 vaccines. People who have received the updated COVID-19 vaccine (first recommended in September 2023) are better protected against severe illness from COVID-19 than those who have not gotten it.

If you have any questions regarding COVID-19 vaccinations and your child, talk with a pharmacist or other healthcare provider. Staying up to date is one of the best protections you can provide your child.

